

# **Fundamentals of EAGALA Model Practice Part 2 Training Objectives and Agenda**

## **Mission:**

Part 2 builds skills, competence and professionalism in the practice of the EAGALA model.

## **Course Objectives:**

- Strengthen understanding of EAGALA model principles
- Develop skills in application of EAGALA work
- Self-Reflection and greater self-awareness
- Understand countertransference and its part in sessions
- Advanced understanding of the team approach and roles
- Maximizing use of the horses
- Improve observation and processing skills
- Structure effective sessions
- Treatment planning and session progression
- Deliberateness in interventions
- Firm foundation in EAGALA model and ethical practice

## **Pre-requisites:**

- Fundamentals of EAGALA Model Practice Part 1
- Bring Professional Development Portfolio to Part 2 training

**Agenda** (8:30 am to 5:00 pm each day (end on day 3 by 4:00 pm):

The Fundamentals of EAGALA Model Practice Part 2 training of the EAGALA certification process is designed to build on Part 1 and focus on the application of the EAGALA model. The training takes EAGALA Model skills to a deeper level. Part 2 involves learning through experiential process, self-reflection and feedback necessitating a willingness to look at oneself honestly and openly within an atmosphere of learning and improvement.

## **Day 1**

- I. Introductions, Agenda, Housekeeping, Collect Professional Development Portfolios
- II. Understanding self-reflection, pre-awareness signs
- III. Activity 1 – Observation
- IV. Activity 2 – Centered Leading
- V. Working with individuals – role plays/pre-awareness
- VI. Closing – Summary and questions. Homework assignment.

## **Day 2**

- I. Review Day 1
- II. Activity 1 – Treatment Plan
- III. Session structure and use of metaphors
- IV. Activity 2 – Roles and Focus
- V. Role plays
- VI. Closing summary and questions. Homework assignment.

## **Day 3**

- I. Review Day 2
- II. Introduce group work
- III. Working with groups - role plays
- IV. Closing activity
- V. Closing remarks